

Newbury Group Practice NEWSLETTER

February 2024

What our practice done in January

The number of face-to-face consultations: 3,845

The number of telephone consultations: 2,230

The number of physio appointments: 386

The number of cervical smears the practice nurse done: 68

The number of blood tests the phlebotomist done: 1,266

Is your child protected?

There are a series of vaccinations that your child needs to keep them and other around them healthy.



If your child is due a vaccination or missed a dose, speak to reception to book an appointment with the nurse.

It is never too late to have the MMR.
Help stop the spread of the Measles outbreak and get vaccinated.



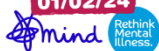
"Not TooOO Bad"

SOMETIMES MEANS
I FEEL LOST AND ALONE

Have a conversation about mental health

time to
talk day

01/02/24



in partnership with



#TimeToTalk



Lesbian Gay Bisexual Trans +
History Month



Please make sure your contact details at the surgery are your most up to date information.



Do more with the NHS App!



- Order repeat prescriptions
- Use NHS 111 online
- Find NHS services
- View your GP health record
- Book appointments
- Get reminders and messages

And much more...

Need help?
Get support in the app or visit nhs.uk/helpmeapp



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Friends & Family

Feedback.

Please use the QR code to give us your feedback on your recent visit.

 **Apprenticeships**
National Apprenticeship Week
5th to 11th February 2024

Eating disorders.
Know the first signs?



Lips

Are they obsessive about food?



Flips

Is their behaviour changing?



Hips

Do they have distorted beliefs about their body size?



Kips

Are they often tired or struggling to concentrate?



Nips

Do they disappear to the toilet after meals?



Skips

Have they started exercising excessively?

If you're worried someone you care about is showing any signs of an eating disorder – even if they're not on our list – act quickly and get in touch. We can give you the answers and support you need to help them on the road to recovery as soon as possible.

Don't delay. Visit beateatingdisorders.org.uk/tips
25th February 2024 - 2nd March 2024

RARE DISEASE DAY

29 FEBRUARY 2024

