

# Newbury Group Practice NEWSLETTER

September 2024

## What our practice done in August

The number of face-to-face consultations: **4791**

The number of telephone consultations: **2185**

The number of home visits: **168**

The number of physio appointments: **195**

The number of cervical smears the practice nurse done: **66**

## It's time for a Macmillan Coffee Morning and you're invited

Let's do whatever it takes  
to support people living with cancer.

**Place:** Newbury Group Practice  
in the main hall behind the  
waiting area.

**Date:** 27.09.2024

**Time:** 09.30am – 12.00pm



### Your guide to the RSV vaccine for older adults

How to protect  
yourself by having the  
Respiratory Syncytial  
Virus (RSV) vaccine



Information on the free RSV vaccine for people who:  
• have 75 years of age or older 1 September 2024  
• are already aged 75 to 79 years old on 1 September 2024

All patients who meet the age criteria for the new RSV vaccine will be contacted by text to invite them for this vaccination.

We will also be sending out invitations for eligible patients for the flu and covid vaccinations. The clinic for this will be held in October.

Children who are aged between 2-3 will be invited for the nasal spray. The clinic for this will be the end of September.



## COME AND JOIN IN

We host Fit for Fun classes every Friday starting at 1pm till 2pm. Organised by Community Action Redbridge. Classes are all age inclusive, and the exercises are chair based. Classes are £2 per session, or you can pay up front for a month. Come and join our friendly members to get fitter and gain new friends.

# Enrich a life

LOCAL COMMUNITY  
Fostering  
REDBRIDGE



## Foster for Redbridge

020 8496 3437

[hello@localcommunityfostering.co.uk](mailto:hello@localcommunityfostering.co.uk)

**Enrich a Life. Foster for Redbridge.**

Do you remember jumping over waves at the beach in the summer? Or the dance show you were in when you were 6? If you would like to create fun and lasting memories for children who may have never had these experiences, please email [hello@localcommunityfostering.co.uk](mailto:hello@localcommunityfostering.co.uk) or call on 0208 496 3437. You can join us on our next virtual session on 10.09.24 6pm to 7pm. Visit [www.redbridge.gov.uk/fosteringnhs](http://www.redbridge.gov.uk/fosteringnhs) to book a place

# GP APPOINTMENT? CAN'T MAKE IT? DON'T NEED IT?

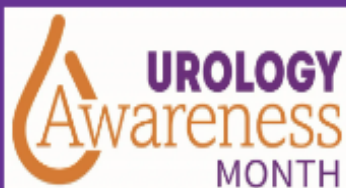
## CANCEL IT!

If you no longer need your appointment, it is vital that you cancel it. This appointment will help someone else. The total of missed appointments last month equvalate to a whole clinic worth of appointments and cost the NHS **£11.2k last month.**

## Childhood immunisations

*Is your child all set for preschool?*

*Book your child the 4-in-1 preschool booster to help protect your child against serious illnesses*



**Friends & Family  
Feedback.**

Please use the QR code to give us your feedback on your recent visit.

## CHILDHOOD IMMUNISATION

### 1 year

- MMR
- Hib / MenC
- Pneumococcal
- MenB

### 2 months old

- 6 in 1
- Rotavirus
- MenB

### 3 months old

- 6 in 1
- Rotavirus
- Pneumococcal

### 4 months old

- 6 in 1
- MenB

### 3 years, 4 months

- 4 in 1 pre-school booster
- MMR

### 12 to 13 years

- HPV boys and girls

### 14 to 18 years

- 3 in 1 teenage booster
- MenACWY

MAKE SURE IMMUNISATIONS ARE UP-TO-DATE

